

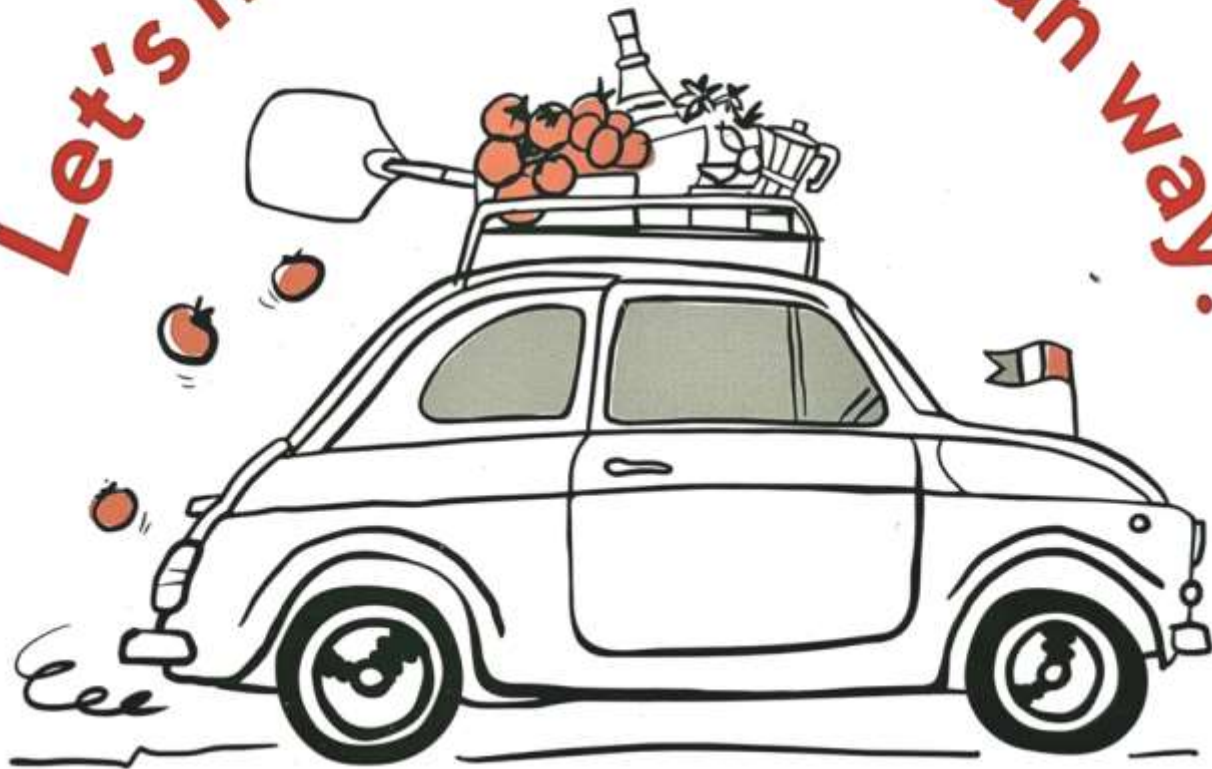
Myrtleford Matters



Your Local Community Newsletter

Edition 129 Published and printed by the Myrtleford Neighbourhood Centre Inc: AOO47698F May 2023

Let's have fun the Italian way!



19-21 May Myrtleford Victoria

LAFIERA

ITALIAN FESTIVAL

CLOSING DATE FOR NEXT ISSUE

23rd of the month

Please lodge all articles before this date.

Myrtleford Matters!

Community Newsletter is a non-profit project of The Myrtleford Neighbourhood Centre

WANTED

NEWS AND ARTICLES OF INTEREST

Contributions to this newsletter are most welcome & may be anonymous; your name and contact details would be helpful although these need not be published.

Sponsorship Rates (GST inclusive)

| | |
|-------------------------|---------|
| Single Col. (6x 8.5 cm) | \$16.50 |
| Double Col. (12x8.5 cm) | \$27.50 |
| Feature (half page) | \$38.50 |
| Feature (full page) | \$55.00 |
| Classifieds | \$5.50 |

Bonus insertion with six months prepaid advertisements

Community Notices Free

Submit contributions preferably by email

admin@myrtlefordnc.org.au

or dropping off at the

Myrtleford Neighbourhood Centre

156 Myrtle Street Myrtleford 3737

DISCLAIMER

The Editor and the Myrtleford Neighbourhood Centre Inc. accept no responsibility for the accuracy of statements contained in this newsletter.

The views and opinions expressed in this newsletter are not necessarily those of the Editor or Myrtleford Neighbourhood Centre.

Rainfall

April 2023



Local Rainfall From TAFCO Weather Monitoring System

| Location | No. Rain days | (mm) | 2023 YTD Total |
|-------------|---------------|-------|----------------|
| Beechworth | 14 | 140.0 | 362.20mm |
| Coral Bank | 13 | 99.0 | 374.40mm |
| King Valley | 21 | 119.8 | 390.80mm |
| Myrtleford | 23 | 113.2 | 315.80mm |
| Porepunkah | 10 | 90.4 | 448.60mm |
| Rosewhite | 17 | 89.6 | 324.40mm |
| Whorouly | 22 | 98.6 | 303.20mm |

www.tafco.com.au

Myrtleford Matters

Get your **FREE** copy of **Myrtleford Matters** from the following locations:

Arderns Caravan Park
Buffalo Farm Equipment
Buffalo Hotel
Café Chulo
Chemist King
Club Savoy
Coles
Dahlsens
Foodworks
Forme Fitness Gym
Goodman's Curl Care
Happy Valley Hotel
Heiners Bakery
Hospital Op Shop
Jo Ross Jackson Hearing Centre
Motel on Alpine
Myrtleford Op Shop
Myrtleford Bakehouse
Myrtleford Chemist
Myrtleford Holiday Park
Myrtleford Lodge
Myrtleford NC
Myrtleford Newsagency
Myrtleford Real Estate
Myrtleford RSL
Nevin Lenne & Gross
O&K Gateway Health
Paul & Scollard
Ray White Real Estate
Ruby's Takeaway
Standish St Surgery
Tu Vietnamese Street Food
Visitor Information Centre

Church Service Times

Uniting Church—Myrtleford
Ph: 03 5752 2051
Cnr Myrtle & Albert Streets.
Sundays 9:30am

St Paul's Anglican Church
Myrtleford
Clyde Street.
Sundays, 9:00am
Wednesday 11.00am
Ph: 0422 606 206

St Mary's Catholic Church
Myrtleford
Ph: 03 5752 1005
27 Lawrence Street.
Saturdays 6:00pm (daylight saving time) Myrtleford
@ 5pm (non day light saving time)
Sunday @ 9.00am Myrtleford
11.00am Bright

St. Andrews Presbyterian Church
Myrtleford
78 Standish Street
(next to Myrtleford Times Office)
Worship every Sunday 5pm
ALL WELCOME

St. Patrick's Catholic Church Whorouly
Last Sunday of each month - 5pm

St. John's Anglican Church
Whorouly
Sundays - 11 am
Ph: 0422 606 206
Valley Life Church - Pentecostal
Senior Citizens Hall
Smith Street, Myrtleford
Sundays 10.30am
Brad - 0458 686 630



Australia's Biggest Morning Tea

Hosted by Creature Crafts.

When: Thursday 25th May 10am-12pm

Where: at Shop 4/68 Myrtle St, Myrtleford
(down the drive next to Buffalo Farm Equipment).

- \$5 donation towards the fundraiser will get you a cuppa and some light snacks.
Just by donating, you go into the draw for a door prize.
- Lucky number also drawn on the day. \$2 each or 3 for \$5. Winner gets a \$50 shop voucher.
- 10% of all takings in store and online for the day will also be donated to the fundraiser.
- * *If you can't make it on the day, use the link or QR code to donate.*
- * **Any questions**, call the shop on **03 5752 1494**



<https://www.biggestmorningtea.com.au/fundraisers/creaturecrafts>



Cancer Council
Australia's Biggest
Morning Tea

COMMUNITY NOTICES

ACTIVITIES

Myrtleford Film Society

4th Thursday of the month
(except Dec)
Doors open 7.15pm
start @ 7.30pm
at EMPAC
Marian College School,
Prince Street.
PH: 5752 2080

EMPAC BOOKINGS
Education Myrtleford Performing
Arts Centre
* * *

If anyone would like to book
EMPAC in Prince St, bookings can
be made by contacting:
(03) 5752 1596
arceter@optusnet.com.au

Myrtleford Craft Group inc.

Meets at RSL Hall
Every Wednesday
9am to 12 Noon
Visitors Welcome
Contact: Irena on
Ph: 5752 1589



Myrtleford Ukulele Group
Myrtleford Ukulele group meet
every Tuesday at the Gateway
Health Centre, Smith Street.
Beginners start 7pm
Intermediates start 7.30pm
We welcome anyone who would
like to play the ukulele.



Myrtleford Art Group

Every second Tuesday
1pm noon to 4pm at the
Gateway health, Smith Street.
Enquiries 0419601708

Mah-jong

Beginners welcome.
Fridays 2:00pm at the
Myrtleford Library

LIFESTYLE

Myrtleford Playgroup

Every Tuesday morning at
9.30am to 11.30am (excluding
school & public holidays) at the
Senior Citizens 13 Smith
Street.

We cater for 0-5 year olds with
lots of toys, activities & a wonder-
ful outdoor play area. First 2 visits
are free.

Contact: Kelcey 0439370892
myrtlefordplaygroup@hotmail.com

Supported Playgroup

Thursday 10am – 12pm
(During school terms)

@

Myrtleford Senior Citizens Centre
For children aged 0-5 years and
their parents, cares, grandparents
to play and connect and learn
Together.

Contact Zoe @ Alpine shire Council
04 2749 5631

Myrtleford Toy Library

Currently not available

MYRTLEFORD FLEA MARKET (Monthly)

Second Saturday of the month
September to May

Contact Eric Barton
Ph: 0417133921



MYRTLEFORD – BRIGHT CAMERA CLUB

Meets at 12 midday
Third Monday of the month
@ 271 Mummery road Myrtleford
Opportunities to learn through:

Sharing of experiences
Non-competitive exercises
and discussion
Guest speakers
Practical excursions
BYO lunch, tea and coffee supplied

SPORT

Myrtleford Squash Club Inc.

The courts are located within the
Stadium Complex at the Show grounds.
Competition nights are on Tuesdays, with
social hits being available most days and
nights during the week.

myrtlefordsquash@westnet.com.au
or ring 03 5751 1753.

Myrtleford & District Volleyball

Competitions on a Wednesday
night starting in early May at the
Indoor Sports Stadium.

Contact David on 0418241205

Myrtleford Lifeball - U3A Lifeball

A ball game for all ages and levels of
fitness

Fridays 10:45 AM - 12PM

Myrtleford Indoor Sports Stadium

Contact Jan 03 5750 1202 or

Janet: 03 5753 5302

Come and join in the fun!

Myrtleford Golf Club

New members welcome.

For more details, contact the secretary

Ann Hazeldine Ph: 0448 871 601 or

Email: annhazeldine@bigpond.com

Myrtleford Savoy Table Tennis Association Inc

For more details, call Andrew
Ph: 0434 240 731



Returned and Services League of Australia

Myrtleford Sub Branch Inc.

34 Smith St, Myrtleford.

Social Evening

every Friday, 4.30 - 7pm

We welcome members of the public
and guest members.

Come join us for nibbles,
comradeship and chats

Bookings available for venue hire
7 days a week for private functions

and business use
John 0408 755 591



\$250 Power Saving Bonus for all Victorian households

On 24 March 2023, a new round of the PSB program commenced.
Victorian households are now able to receive a new \$250

Eligibility requirements:

- You must have a residential electricity account
- You must be the account holder
- Only one payment is available per household

**The Myrtleford Neighbourhood centre can help you obtain
the Stater Government's \$250 Power Saving Bonus.**

**Myrtleford neighbourhood Centre
156 Myrtle Street, Myrtleford (03) 5752 2775**



MYRTLEFORD COMMUNITY FOOD PANTRY

Sometimes it's difficult to make ends meet when things happen that are out of our control, like coronavirus (Covid-19) which has disrupted our lives in many ways.

We believe no-one should be without food or miss out on sharing meals with others so we have expanded food share availability in Myrtleford & Surrounds

If you, or anyone you know needs support in this way the following food options are available:

- * **BASIC SUPPLIES** * **FRESH PRODUCE** *
- * **FROZEN MEALS** *

Myrtleford Neighbourhood Centre
156 Myrtle Street ph: **03 5752 2775**

Combined Churches Welfare Group
St Vincent de Paul

Located at the Myrtleford Neighbourhood Centre
ph: 0400 058304

Standish Street Surgery

Open Monday to Saturdays. Ph 57519900

Our GP's participate in a 24hour on call after hours Urgent Care Service at Myrtleford Hospital



CORONAVIRUS COVID19 VACCINE BOOSTER

If you are aged 65 or over book your Pfizer bi-valent booster now at the surgery.

See www.coronavirus.vic.gov.au/get-vaccinated

The 2023 COVID-19 booster dose is available for everyone aged 18 and above.

Getting your booster dose remains the best way to prevent severe illness or hospitalisation, especially in people over 65 and those at higher risk of severe illness.

The new bivalent vaccines are preferred for booster doses (covers two strains: original & omicron).

You can have your booster dose 6 months after your last dose or COVID infection.

Children aged between 5 and 17 years who are at risk of severe illness can also receive a 2023 booster dose.



**LET US HELP YOU
BECOME AN EXCELLENT DRIVER**

DRIVING SCHOOL

0422 227 177

- Manual and Automatic Vehicles
- 0 -1 20hrs Learner's Driving Design
- Under Instruction Training
- Regain Confidence and Current Road Rule Update Training

Servicing Myrtleford and Surrounding District

Hugh Clasby | clasbyhugh@gmail.com



Jo Ross-Jackson
HEARING CENTRES

BRIGHT - MYRTLEFORD

03 5752 2817

www.jrjhc.com.au

YOUR LOCAL CHOICE IN THE ALPINE REGION



One Voice Choir

Join us for Pizza and songs this Thursday @ 6pm in the St.Paul's church hall in the Myrtleford Piazza. Every Thursday.....6pm



New local business based at Myrtleford
Jeff Wirken: 0477 084 041

Special
Book Now
Gutter & Flue Cleaning
= 20% Off Flue Price

- Domestic & Commercial
- Fully Insured & Working at Heights Certified
- Friendly Professional Service

"Thank you to the Myrtleford community for making us feel welcome". Jeff & Kylie.

A & R POZZAN BOBCAT HIRE MYRTLEFORD



Bobcat, Excavator, Kanga,
Trencher, Roller, Post Hole Borer,
Stump Grinder.
Large Rocks & Concrete Blocks
NOW AVAILABLE ALL WEEK
30 Years in business
Phone: Tony 0428 690 831
Home: 5752 2001

MYRTLEFORD
FARMERS
MARKET

PRIMARY PRODUCER PROUD

On the fourth Saturday
of the month
8.30-12.30



**Our
Community
Network**

Welcome to The Loop

The Loop is a pilot initiative of the Alpine Community Recovery Committee, designed to help build resilient, empowered and self-sufficient communities that are prepared in the face of emergencies.

Government, emergency service, and recovery support agencies use various communication tools to try to ensure communities are prepared and educated. However, evidence has shown that community members only sometimes access this available information.

Alpine CRC designed The Loop to amplify and simplify the delivery of available resources and information by utilising communications that already exist in the Alpine community.

Vision statement

For communities to be connected, prepared and resilient.

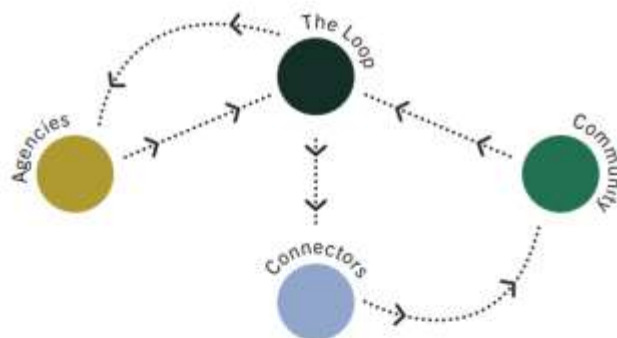
Mission statement

To formally facilitate the flow of information between the community, government and agencies on emergency preparedness and recovery.

How does The Loop work?

Community members have been recruited as volunteer Community Connectors. The Connectors will use their own existing networks, databases and channels such as email, social media, newsletter or word-of-mouth to distribute agency information on preparedness and recovery activities (such as planned burns and fire preparation steps) to their community networks. The Connectors will receive the agency information from The Loop's Moderator, who will source the information from agencies.

An online platform developed as a two-way centralised information channel will support both The Loop and the Community Connectors' distribution of information. The platform includes preparedness and recovery information, a discussion forum, and the capacity to run surveys and is accessible to the whole community.



*Want to get involved? Or Follow
our online platform to get
automatic updates from The
Loop:*

www.ourrecovery.com.au/loop



The Loop - News 5 May 2023

Agency Communications

FFM (Forest Fire Management): 2022/23 Fuel Management program update.

Weather has limited opportunities to conduct planned burns.

2 of 23 burns (1,600 of 18,000ha) has been completed.

Continuing to monitor for opportunities to conduct more of the planned burning program.

900ha of Non Burning Fuel Treatments achieved across 100 sites including mulching, slashing & spraying.

Ovens district will become one of the highest priority districts across the state for delivery of planned burning in the 2023/24 financial year.

2023/24 program will look similar to this years.

FFM: WHY DO I SEE AND SMELL SMOKE?

With fire restrictions easing in some parts of the State, and calm autumn conditions, hundreds of private resident burn-offs, agricultural burns and planned burns are expected to take place over the coming weeks.

For more information visit; www.ourrecovery.com.au/loop

GRISPELLE

Circolo Calabrese will be making grispelle to sell at La Fiera

Grispelle can also be purchase at Club Savoy (Bocce area) the day before, Friday 19th after 2pm. Cost \$10

Circolo Calabrese

Try Alpha!

Alpha is a series of interactive sessions that create a safe and honest space where people can explore life, faith and meaning.

It has now been run in 169 countries across most denominations. Twenty-five million people have now done it.

Alpha is an environment for anyone and everyone who wants to

- explore life and the Christian faith,
- ask questions and share their point of view.

Each session commences with a shared meal and then a short video presentation followed by questions and discussion.

Alpha is commencing in Myrtleford, on Wednesday 19th April to 7th June at St Paul's Anglican Church Hall in Clyde Street (Behind Bastoni's Pizza).

Alpha is FREE and everyone is welcome.

For more information contact

Lex and Marlene Burgess - lexandmarlene@gmail.com - 0424 663 889



FIRST AID

Practical life saving first aid or update your current skills

Friday 16th June commencing at 9:00am

This Course is delivered using several methods for you to choose from

- Face to Face – 2 hours (minimum)
- Blended delivery – 90 minutes (minimum)
- Refresher training – 90 minutes (minimum)
- Online Training with Face to Face Assessment - 20 minutes (minimum)

HLTAID011 - Provide First Aid—\$160.00

HLTAID009 - Provide Cardio Pulmonary Resuscitation—\$65.00

Please Note; This course replaces the HLTAID001 - Provide Cardiopulmonary Resuscitation course

This course is delivered and assessed on by APTS in partnership with the Myrtleford Neighborhood Centre

RTO 90909 by Australian Pacific Training Solutions

For bookings or other enquiries please contact the Myrtleford Neighborhood Centre

Email enquiries@myrtlefordnc.org.au or call (03) 5752 27



COMMUNITY DONATION SMORGASBORD

SUNDAY MAY 28TH

DOORS OPEN 6PM

| | |
|----------|------------|
| \$35 | ADULTS |
| \$25 | 13 - 17YRS |
| \$20 | 6 - 12YRS |
| 0 - 5YRS | FREE |

Myrtleford
Rotary
Club



03-57511296

252 - 254 GREAT ALPINE ROAD, MYRTLEFORD

THE MORE PEOPLE IN ATTENDANCE, THE MORE MONEY RAISED!



NEW CLINIC LOCATION:

153 Myrtle St, Myrtleford
(Just down from the Reject Shop)

FLU / COVID-19 VACCINE CLINIC

Let's protect yourself and your loved ones

CLINICS HELD TWICE WEEKLY

TUESDAY | 8:45am - 12:15pm

THURSDAY | 8:45am - 4:15pm

- This is a bulk billed service that we are offering to anyone in our community.
- Medicare card & face mask required
- Book in person, online or by phone

Alba Health - 02 6049 0732
www.albahealth.com.au

COMMUNITY OPEN DAY

Saturday
13th May
153 Myrtle St
Open
9am - 12pm



Please wear a face mask 

 Front and rear entry

02 6049 0732
www.albahealth.com.au




FREE LEGAL ADVICE
available in
MYRTLEFORD

Common legal problems can include:

| | |
|---|--|
| <p>Family Violence</p> <ul style="list-style-type: none"> • How to get help • Intervention Order (IVOs) | <p>Family Law</p> <ul style="list-style-type: none"> • Property settlement • Parenting matters • Child support |
| <p>General</p> <ul style="list-style-type: none"> • Debts • Centrelink • Insurance • Tenancy | |

Face-to-face and phone appointments available
With **Kristi and Shelley**

Just call **02 6055 8090**
or email cls@umfc.com.au
to book your free appointment

www.burca.org.au  

Have you heard of the TAC L2P Program?

The program matches **learner drivers** and **volunteer mentors** together so learners who are struggling to get their supervised hours, can be supported to successfully pass their driving test and gain their **P** plates.

In the past 12 years, the program has supported 130+ Alpine Shire youth to get their licence by providing lessons and driving practice in a community sponsored vehicle.

So, if you **need assistance** or you would like to **assist someone else** to get their licence, contact us for more information.

Learners and volunteer mentors alike can speak to the L2P Coordinator on 03 5755 0555 or email info@alpineshire.vic.gov.au




MYRTLEFORD LIBRARY



| OPENING | HOURS |
|-----------|----------------|
| Monday | 10.00am—5.00pm |
| Tuesday | 1.00pm— 5.00pm |
| Wednesday | 10.00am—5.00pm |
| Thursday | 10.00am—5.00pm |
| Friday | 10.00am—5.00pm |
| Saturday | 9.00am—12.00pm |
| Sunday | CLOSED |



Address: **Cnr O'Donnell Ave & Standish St. MYRTLEFORD** Ph: **5751 1591**

Email: myrtllibrary@alpineshire.vic.gov.au

- **Book Club** - There are currently two groups who meet once per month. If you are interested in joining a Book Club, please talk to the friendly staff about options.
- **Rhyme Time** - Wednesday from 10.00am. Nursery Rhymes and action songs for babies 0-2yrs and their parents. Literacy, laughter and love for your baby.
- **Pre School Story Time** - For 3-5 year olds. Thursday at 11am- 12 noon. Songs, stories and super activities.
- **Friends of the Library** - Third Monday of the month at 10am, New members welcome.
- **Mah-jong** - Fridays 2pm - 4pm
- **Knitting Club**— Weekly on Mondays at 1:30pm This is for novices and practiced knitters to enjoy some knitting company and share some skills if need arises.
- **Justice of the Peace Signing Centre** - Operates at the Myrtleford Library every Tuesday afternoon from 1pm until 3pm. This free community service has rostered JPs available to witness certified true copies, affidavits, statutory declarations and power of attorney documents. No need to book, just turn up. This is a free service supported by the Department of Justice and the Royal Victorian Association of Honorary Justices.
- **Scrabble Club** - Every Thursday 1:30pm
- **Gardeners Library**: A monthly catch up to swap tips, produce, cuttings and more. Check with the library staff to find out when the next swap is scheduled for.

MEN'S SHED

Every man needs a shed!
Now there is one you can all share.

THE MYRTLEFORD MEN'S SHED

Located behind the
Doug Lloyd Cottage, Alpine Health,
161 Standish Street, Myrtleford

The Men's Shed is open on
Tuesdays and Thursdays from 9am to 3pm.
Saturdays from 9am to 12pm

For further membership contact:
Barry Corlis 04 08152684
Clive Walker 03 5752 1361



BUS TIMETABLE



| | |
|---|---|
| MYRTLEFORD to WANGARATTA STATION MONDAY — FRIDAY Dep 6.39AM Arr 7.19AM Dep 12:19PM Arr 1.29PM MON. - WED. - FRIDAY Deb 2.33PM Arr 3.38PM THURSDAY Dep 10.45AM Arr 11.35AM Dep 4.20PM Arr 5.15PM SATURDAY — SUNDAY Dep 2.33PM Arr 3.38PM | WANGARATTA STATION to MYRTLEFORD MONDAY — FRIDAY Dep 2.58PM Arr 3.58PM Dep 9.0PM Arr 10.04PM MON.—WED.—FRIDAY Dep 10.03AM Arr 10.38AM Dep 2.58PM Arr 3.58PM THURSDAY Dep 8.50AM Arr 9.30AM Dep 2.20PM Arr 3.10PM SATURDAY — SUNDAY Dep 10.03AM Arr 11.03AM |
|---|---|

4 latest info ring; Wangaratta Railway Station (03) 5721 3641



SALVOCARE
NORTHERN VICTORIA

HOMELESS? OR ABOUT TO
BECOME HOMELESS?

Living in inappropriate
accommodation?

And experiencingSocial and or
geographical isolation?

Dependence on alcohol and or other
substances?

Health problems, mental illness,
A physical or intellectual disability,
aged frailty

IF SO YOU MAY BE ELIGIBLE FOR
SUPPORT, PLEASE
CONTACT

INGRID 0439 366 839

Outreach Connections--providing Case
Management Services to the homeless
and those at risk of homelessness.



St Vincent de Paul Society
Myrtleford

**Struggling to keep up with the cost of
living or just need general support?**

Vinnies may be able to offer assistance if
you're needing help or support including:

- ◆ Food (at the Neighbourhood Centre)
- ◆ Emergency Housing
- ◆ Domestic & Family Violence
- ◆ Disaster Recovery
- ◆ Finances
- ◆ Aged Care
- ◆ General Support, Health & Wellbeing

Services can be offered to the most vulnera-
ble among us in the form of providing a
friendly chat or advocacy, budget support,
food or food vouchers, clothes, furniture, utili-
ty bill assistance and more.

Contact: 0426 163 283 or 0400 058 304

Alpine@Home Activity Group

The Alpine@Home Activity Group provides a
comprehensive range of services to support peo-
ple who are frail, older or have a disability. Our
target group is for people who are HACC eligible.

How do I know if I am eligible?

Ring the numbers below for further information.

Activity Schedule

At The Senior Citizens Building

Mondays – Italian Specific 10 am – 2 pm

Wednesday – Lunch Club (weekly) 12 pm - 2 pm

Thursday – Outings 9 am - 3 pm

Fridays – Community 10 am - 12 noon

Alpine @ Home

Ph: 03 57519344



**Gateway Health,
Myrtleford**

**32 Smith Street,
Myrtleford, 3737**

Ph: 03 5731 3500

Mon to Thu: 9am – 5pm

Fridays: 9am – 1pm



People living well

**At Gateway Health Myrtleford we offer a range
of health services including:**

- Allied Health:
 - ◆ Dietetics
 - ◆ Occupational Therapy
 - ◆ Podiatry
 - ◆ Speech Pathology
 - ◆ Physiotherapy
 - ◆ Continence specialists
 - ◆ Exercise groups:
 - Tai Chi \$7.50
 - Weights & Strength Program (WASP) \$7.50
- Women's Health Clinic
- Alcohol and drug support
- General Counselling
- Family support
- Support for people with disabilities (NDIS)
- Supports for people over 65 (aged care assess-
ments & allied health supports)

**www.gatewayhealth.org.au or find us on
Facebook: www.facebook.com/gatewayhealth1**

Community Accessibility

Ovens Valley Specialist Medical
Transport Service



Call
03 5721 3045

Help! Volunteers Wanted

Myrtleford Visitor Information Centre

We are looking for few new friendly faces to join our team of volunteers.

The positions involve assisting visitors with their enquiries and the day to day running of the centre - including sales and cash register use.

Full training provided and once training is complete volunteers work unassisted in the centre.

Volunteers are offered one 3 hour shift either weekly or fortnightly and applicants must be available for a few weekend shifts as needed. Basic computer skills required.

A great way to meet new people, get out and about and share with visitors all that is great about our town!

If interested please **call 1800 111 885** during business hours, or **email alpinevic@alpineshire.vic.gov.au**

MYRTLEFORD HOSPITAL & COMMUNITY OP SHOP

We are looking for volunteers to join our friendly group. The Hospital Op Shop raises funds to purchase items for our local Hospital and Barwidgee Lodge, such as medical equipment, furnishings and items to help make patients comfortable during their time in hospital.

The Hospital Op Shop is open Tuesday to Saturday and our hours are from 10am-4pm (Sat to 1pm). We would so appreciate your help for a morning, an afternoon or a whole day.

Drop into the Hospital Op Shop on Clyde Street next to Coles or

telephone Jeanette on 0427 636 886 if you would like to help.

We all need our Hospital and Bardwidgee Lodge in our town.

Please consider giving a little of your time.

Community Accessibility seeking Volunteer Drivers to help the community

Help us help older people and people with disabilities in our community with their transport needs. We provide the vehicles and uniforms; you make the difference.

Community Accessibility is a not-for-profit organisation that provides community transport service and other services for people in the North East communities.

Volunteering for Community Accessibility is easy and flexible. Anyone with a driver's licence can volunteer. "We are looking for volunteers who can offer any amount of time; we have opportunities that range from as often as daily to as little as monthly", says Jan Hay, Volunteer Coordinator for Community Accessibility.

For more information contact **Volunteer Co-ordinator Jan Hay**

Mobile 0434 281 233
Phone: 1300 704 530



www.communityaccessability.org.au

Volunteers needed for RDA (Riding Develops Ability)

We are looking for volunteers to join our team on a Tuesday morning 8.30am -12pm.

No previous experience is necessary, but as we are working with horses / ponies and school children you would need to feel comfortable with both.

For more information contact Carol 0438 830 248 or come along to a Tuesday and see us in action (not during school holidays)

How We Can Help You

The following services are available @ the Neighbourhood Centre for those who require help, ph: 03 5752 2775

- Food Relief
- Get your \$250 power saving bonus
- Internet use is available for essential services such as accessing MyGov or legal situations
- Creating a MyGov account
- Photocopying or printing essential paperwork



THE DARK ORIGINS OF CLASSIC NURSERY RHYMES

Some nursery rhymes go back as far as the fourteenth century, though most of the classics known today come from the eighteenth century. Some were folk songs and poems sung and told in pubs and taverns on stage or for entertainment purposes, printed on pamphlets. A lot of nursery rhymes were written with a secret meaning behind them to hide political drama of historical events, criticisms of those in power or messages of discontent. Behind these lie darker tales of cowardice, greed, cruelty, sickness and death, just to name a few. To speak of such things openly in public in that era was punishable by death. By making the nursery rhymes fun and playful to avoid punishment by those in authority, we have over time forgotten their history and now look at them as appropriate for children. Below are some well known nursery rhymes and the origin of where they came from.

Ring Around the Rosie

It is believed that this verse refers to the 1665 Great Plague of London which killed nearly 15% of London. 'The Rosie' refers to the rash that covered those inflicted and to cover up the smell they would use 'a pocket full of posies'. Over time some of the wording has changed. The last line in each verse ends with either 'ashes ashes' or 'atissue atissue we all fall down', which is self explanatory in regards to eventually falling to your demise. The word atissue could refer to sneezing or needing a tissue and the word ashes could refer to the burning of the deceased bodies of those infected by the plague.

Georgie Porgie Pudding and Pie

Georgie Porgie refers to English courtier George Villiers, Duke of Buckingham, who was rumoured to be King James 1's lover. While there is no proof of this, it was evident that the king was fond of Villiers, who was given a lot of money and titles. Villiers' good looks and love of women are well documented though, it is said that he earned the wrath of several husbands whose wives he had sex with, some of whom did not consent to. So we get why the girls cried and why 'George Porgie ran away when the boys came out to play'.

Mary Mary Quite Contrary

This nursery rhyme is a gruesome verse about Queen Mary 1, daughter of King Henry VIII also known as Bloody Mary. This is in relation to Queen Mary's homicidal nature towards Protestants and her fierce beliefs in Catholicism. Her father created the Anglican Church so he could divorce his wives due to the Catholic Church not allowing the practice. When Mary's reign came in she was against the Anglican Church and marked hundreds of Protestants for torture and execution. "Contrary" is one way to describe doing the opposite of what is expected and perversely disagree, which led to the creation of a murderous psychopath. The silver bells and cockle shells are not garden accoutrements but torture devices. The silver bells were thumbscrews, while the cockle shells are believed to be a torture device which were attached to male genitals. The last line "pretty maids all in a row" are referred to the hundreds of women burnt at the stake for the crime of being a protestant.

Three Blind Mice

This is another rhyme dedicated to Queen Mary 1's reign. The three blind mice are believed to be a trio of Protestant bishops, Hugh Latimer, Nicholas Radley and the Archbishop of Canterbury, Thomas Cranmer, who conspired to overthrow Mary. The line "They all ran after the farmers wife" is in relation to planning to go after Queen Mary and ending her reign. Their idea was uncovered and were unsuccessful in fulfilling their plans. They were then burned at the stake for treason and it was mistakenly believed by some that Mary blinded and dismembered them which is where the line "having their tails cut off by the farmers wife" comes in. But critics also suggest that the blindness in the title refers to them blindly following their religious beliefs.

Here We Go Round the Mulberry Bush

A lot of kids have sung this at school, not knowing how this rhyme was started nor who it was in relation to. Historian R.S Duncan, who was also the warden of England's Wakefield Prison, wrote that the song's origin lies in the practice of female inmates who sang this while they were exercised around a mulberry tree during their time in Wakefield prison during the 19th century. The Mulberry Tree the rhyme is in relation to was removed from the prison in 2019.

Baa Baa Black Sheep

This rhyme dates back to the extreme harsh wool tax imposed on farmers by King Edward 1 in the 13th century. One third was taken for the king (the master), one third for the church (the dame) and one third for the rest of the people (the little boy). The old version of this rhyme originally ended with "But none for the little boy, who cries down the lane", showing us just how little was left for the people who cultivated the wool.

Annie's Corner

MYRTLEFORD NEIGHBOURHOOD CENTRE



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Email: manager@myrtlefordnc.org.au

Office Hours

Monday 9.00am to 2.00pm
Tuesday to Thurs 9.00am to 4.00pm
Friday 9.00am to 1.00pm
Closed Public Holidays



We are situated at 156 Great Alpine Rd, next door to the Memorial Hall (the old theatre) opposite Reject Shop. Parking is available at the back of the building down the driveway next door to the BWS drive through liquor store on Standish St.

SERVICES AVAILABLE AT THE MYRTLEFORD NEIGHBOURHOOD CENTRE

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People are welcome to come and use the computers at the Neighbourhood Centre and have access to the internet.

Use, however it's limited.

Access not available when classes are in progress.



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ENROLMENT INFORMATION

Enquiries, enrolment and payment for all courses can be made at the

Myrtleford Neighbourhood Centre

156 Myrtle Street Myrtleford

For enquiries: Phone: 03 5752 2775

or

Email: manager@myrtlefordnc.org.au

Please register and pay in person during office hours.

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156 Myrtle Street Myrtleford 9am-4pm



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